

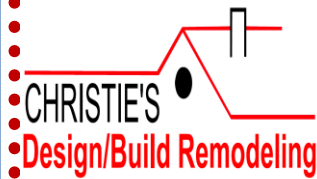


AROUND THE HOUSE

SEPTEMBER 2013

NEWS FROM OUR FAMILY TO YOURS YOURS

It's OK to Wear White After Labor Day and Other Stuff You Might Not Know ...



Our Services Include

- Kitchen/Bath Remodels
- Basement Finishing
- Additions
- Whole House Remodeling or Build
- Energy Efficient
- Siding/Windows
- Home Offices
- Certified Aging-in-Place Specialist
- Four Season Rooms/Patios
- Outdoor Kitchens

Inside This Issue:

- **September is the Season for Preparedness**
- **Why Tradesman Deserve a to be Celebrated**
- **Secure Your SmartPhone**

Plus much, much more!!!

• Labor Day originates from our neighbors to the north

• Most Americans consider Labor Day a uniquely American experience, but in all reality, Labor Day has its origins in Canada. Stemming from 1870's labor disputes in Toronto, in 1872 a parade was held in support of a strike against the 58 hour workweek. As a result, 24 union leaders who were responsible for organizing the event were arrested under anti-union laws.

• First US Labor Day observance was in the form of a parade

• The first US observance of Labor Day came in the form of a parade. Sponsored by the Central Labor Union, On September 5th, 1882 ten thousand workers paraded through New York City. This is commonly considered the first observance of Labor Day in America.

• The 12 hour work day norm

• What's outrageous enough to spur ten thousand people to parade through NYC? A 12 hour workweek! In the late 19th century, the average working day consisted of 12 hours. Held on a Tuesday, the first Labor Day rally was held in order to gain support for the 8 hour workday.

• Grover Cleveland makes Labor Day a national holiday

• Making Labor Day an official national holiday as part of his political campaign, in 1894, President Grover Cleveland made good on his promise, and signed a law making Labor Day an officially recognized US holiday.

• Not just in the US

• Although Labor Day hails from Canada and the US, a large number of industrialized nations around the world celebrate Labor Day as a time to respect and reflect upon workers around the world. While not all celebrate it at the beginning of summer, the concept is similar, and is sometimes celebrated in combination of May Day.

• First Waffle House opens on Labor Day

• In 1955, in Avondale Estates, Georgia, the very first Waffle House opened it's doors to the public. 25 states and 50 years later, Waffle House now counts over 1500 establishments. Yay waffles!

• The White border

• Labor Day has been traditionally the unofficial "pack up the whites" border, and was often considered a fashion faux pas, if worn post-Labor Day. This tradition has been steadily decreasing over the past decade(s), and is often now just remembered as the "something that once was."

• Unofficial NFL season kickoff

• 99.44 percent of the time, the NFL plays its first official season game the Thursday after Labor Day.

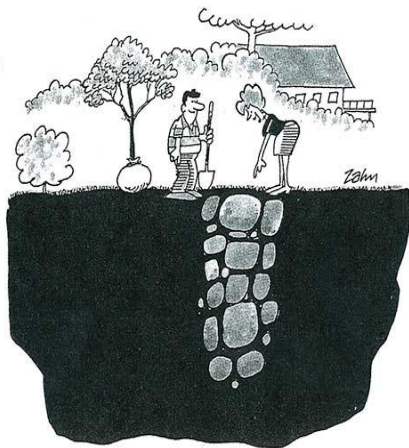
Get Prepared During National Preparedness Month

This month, the CDC will focus on home and family preparedness, including pets, older Americans, and individuals with special needs.

Everyone's preparedness plans will be different, so take time now to make emergency plans that suit your own circumstances. Some important things to do:

- * Meet with your family and discuss why you need to prepare for a disaster. Explain the dangers of fire, severe weather, and earthquakes. Plan to share responsibilities and work together.
- * Pick two places to meet. Right outside your home in case of a sudden emergency like a fire. Or outside your neighborhood in case you can't return home. Everyone must know the address and phone number.
- * Develop different methods for communicating during emergency situations and share your plans beforehand with all those who would be worried about your welfare. Options for remaining in contact with family and friends if a disaster strikes include:
 - * Phone contact with a designated family member or friend who is unlikely to be affected by the same disaster.
 - * Email notification via a family distribution list.
 - * Registration on the American Red Cross Safe and Well website.
 - * Use of the toll-free Contact Loved Ones voice messaging service (1-866-78-CONTACT).
 - * Use of the US Postal Service change of address forms when it becomes necessary to leave home for an extended period, ensuring that mail will be redirected to a current address.
 - * Assemble a light briefcase with all of your financial and credit card information, copies of insurance policies, and a phone list of insurance agents and emergency repair people.

Just for Fun



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Unscramble each of the clue words. Take the letters that appear in boxes and unscramble them for the final message.

Answer page 8

Joe was once again caught lying to his teacher, and his teacher Mr. Rogers had had enough. "Come here Joe" he said. "Here is your punishment, I want you to make a statement, if it's true you get detention, if it's false you get suspended."

What did the Joe say that caused him not to get punished at all?

Answer page 8

Christie's Design/ Build Remodeling

September Is:

- **Classic Music Month**
- **Hispanic Heritage Month**
- **Chicken Month**
- **International Square Dancing Month**
- **National Courtesy Month**
- **Baby Safety Month**
- **National Wilderness Month**
- **Honey Month**
- **Self -Improvement Month**
- **National Preparedness Month**

Celebrate Latino Culture

The observation of Latino cultures and their contributions to American society started in 1968 with a week of recognition under President Lyndon Johnson. Under President Ronald Reagan the observation became a full month from September 15 through October 15.

Why the fifteenth? Because it is the anniversary of independence for Costa Rica, El Salvador, Guatemala, Honduras and Nicaragua. On the sixteenth, Mexico declared its independence as the other South American countries did. Shortly afterward, Chile did the same.

American citizens from these countries or any other Spanish culture, regardless of race, are considered Hispanic or Latino. The 2010 Census registers over 50.5 million from these origins, about 16 percent of our total population.

The Congressional Hispanic Caucus Institute has been involved in leadership and education programs for 36 years. It celebrates in Washington, D.C., with events at the Walter E. Washington Convention Center. Its Board of directors includes Hispanic members of Congress, unions and business leaders. The 2013 theme, Our Time: A Strong America, honors the legacy of Hispanics who are influencing public and economic policies through their leadership.

9/11 Memorial Stair Climb

In the dozen years since 9/11/01, the world we live in has changed forever. But as we mark the anniversary of that day, our character as a nation remains the same.

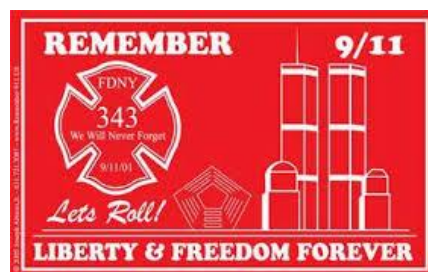
Many people will travel to New York and visit the Memorial Museum. Others will gather at the Flight 93 crash site and memorial near Shanksville, Pennsylvania. And still others will observe the day in Washington, D.C., where a terrorist plane crashed into the Pentagon.

The 9/11 Memorial Stair Climb

On the morning of September 11th, each year since 2005, fire service members convene in high-rise buildings across the United States to climb 110 stories as a tribute to their fallen brothers. Some use air packs or carry hoses; many are in full turn-out gear; others are accompanied by rescue dogs. Each climber carries the photograph and biographical sketch of a firefighter who was lost on September 11, 2001.

Several climbs have been modified to enable civilians to participate. The 9-11 Memorial Stair Climb is not a race, but an opportunity to honor and remember the 343 FDNY members who selflessly gave their lives on that day. The first stair climb was held when five Colorado firefighters convened at a high-rise building in downtown Denver to climb 110 flights of stairs in memory of their FDNY brothers. The following year, twelve firefighters participated, representing four fire departments from the metro Denver area. Each subsequent year, attendance grew, until it was capped at 343 participants in 2008.

Since its beginning, the Denver 9/11 Memorial Stair Climb has evolved into much anticipated annual events. In 2010, the original Denver team partnered with the National Fallen Firefighters Foundation to create a template that would enable a coordinator to successfully replicate a 9-11 Memorial Stair Climb anywhere in the United States.



6	5	7						
		9		6	5		8	
1						7		
	9	5	6		7			
	4	8				6	1	
			3		4	5	7	
		3						7
	7		8	9		1		
						8	3	5

To solve a sudoku, you only need logic and patience. No math is required.
Simply make sure that each 3x3 square region has a number 1 through 9 with only one occurrence of each number.

Each column and row of the large grid must have only one instance of the numbers 1 through 9.
The difficulty rating on this puzzle is easy.

WE WELCOME THIS MONTH'S NEW CLIENTS TO THE CHRISTIE'S REMODELING FAMILY

Here are some of our new clients that became members of the "Christie's Remodeling Family" this past month. I'd like to welcome you and wish you all the best!

Gary Sonmore of Boulder

Tradesmen Keep Things Up and



From the cities of antiquity to the modern era, skilled tradesmen make life run comfortably.

The trades have changed from ancient time to now. There were many more blacksmiths and sword makers in ancient Rome. But today, as in the ancient past, demand for skilled tradesmen remains steady.

Our culture is becoming more high tech but we are still going to need plumbers. According to the Bureau of Labor Statistics, that trade is expected to grow 16 percent by 2018.

Electricians will have steady work during the next few years as employment opportunities in that trade increase by 12 percent.

People will still want to be cool in the summer and warm in the winter in coming years. Heating, ventilation, air conditioning and refrigeration will continue to be a good skilled trade category. Jobs in HVAC should increase by 28 percent, the BLS reports.

In the category of new skilled trades, the health-related jobs will be in demand during the next 10 years and are expected to increase by a whopping 34 percent.

Skilled tradesmen are the backbone of our nation, and according to Irwin Tools, a world-class manufacturer of a broad line of professional hand tools and power tool accessories, "they are the working hands that build America and keep it running strong."

Irwin Tools is a sponsor of National Tradesmen's Day on September 20.

3D or not 3D?

If you go with a group to a 3-D movie and you are the only one who can't see something jump off the screen, you belong to a club with 9 million other people.

That's how many people have certain eye problems that prevent them from seeing the 3-D effect or illusion in movies.

Any condition that prevents eyes from focusing as a team on one object can prevent the sense of 3-D in movies. People that have double vision, a lazy eye, or eyes that do not move as a team usually can't see 3-D movies.

Test your vision with the easy framing game: vision3d.com/frame.html.

Secure SmartPhone Data

These steps will secure your smartphone data

Lose your smartphone and someone could have access to everything from your address to your financial data. Not a happy thought. But you can protect your information.

1. Put in a password or pin number. You will have to enter it before you use the phone. Might be inconvenient, but it will have the added benefit of making pocket dialing impossible.
2. Set up tracking. Android users can use the free app Android Lost.

The iPhone comes with Find My iPhone, which you must activate on the device through iCloud. Windows phone users can log in to their Microsoft accounts to use the built-in Find My Phone feature.

3. Beware of unknown apps. Anyone can build an app for a phone, make sure you are getting one built by a thief. Use reputable app websites.

For online activity, using your cellular data plan helps keep your information safe. Install updates as soon as you receive them, and log out of banking and other sensitive apps after you use them.

Chicken Cordon Bleu

Ingredients

- 6 skinless, boneless chicken breast halves
- 6 slices Swiss cheese
- 6 slices ham
- 3 tablespoons all-purpose flour
- 1 teaspoon paprika
- 6 tablespoons butter
- ½ cup dry white wine
- 1 teaspoon chicken bouillon granules
- 1 tablespoon cornstarch
- 1 cup heavy whipping cream



Directions

- Pound chicken breasts if they are too thick. Place a cheese and ham slice on each breast within 1/2 inch of the edges. Fold the edges of the chicken over the filling, and secure with toothpicks. Mix the flour and paprika in a small bowl, and coat the chicken pieces.
- Heat the butter in a large skillet over medium-high heat, and cook the chicken until browned on all sides. Add the wine and bouillon. Reduce heat to low, cover, and simmer for 30 minutes, until chicken is no longer pink and juices run clear.
- Remove the toothpicks, and transfer the breasts to a warm platter. Blend the cornstarch with the cream in a small bowl, and whisk slowly into the skillet. Cook, stirring until thickened, and pour over the chicken. Serve warm.

Honey Nutters

- 16 graham crackers
- 1 cup crunchy peanut butter
- 2/3 cup honey
- ½ cup nonfat dry milk powder
- 1 cup coconut
- Crush the graham crackers between two pieces of wax paper with a rolling pin or in a food processor.
- Combine graham cracker crumbs, peanut butter, honey and powdered milk in a large mixing bowl. Mix well.
- Make small balls with mixture and place on wax paper. Roll balls in shredded coconut.

**Call Today
To Learn
How To
Save On
Your Next
Home
Project**

**(303) 833-
4715**

****\$900 Remaining****

Each year, because of the nature of our business, we spend thousands of dollars on advertising, much of that money wasted over the past years learning what works for our company. Since referrals from our clients and friends have always been the best source of new business, we thought, "Why waste our money on unproductive advertising and spend some of our advertising dollars on what works best - referrals"? It's our way of saying, "Thanks for the Referral" and giving recognition to our good friends and clients who help support us!

Last month, our friends, **Wendy Hofmann** our **\$200 REFERRAL FEE** for referring **Sean Galvin and Melinda Cullen** to Christie's for a Basement remodel in Longmont- thank you!

Hank and Lisa win a **FREE DINNER** from Alberto's Delicious Italian Grotto and will bring, as our guests, a couple

Hank and Lisa win a **FREE DINNER** from Alberto's Delicious Italian Grotto and will bring, as our guests, a couple of their choice.

\$2,500 Give Away!

CHRISTIE'S DESIGN/BUILD REMODELING is asking for your help. When you send your referrals, you are helping the business grow. To say, "Thank You" Christie's is offering these special rewards for you and your friends and family.

Here's how it works:

You'll receive \$200 for each referral. That's \$200 for referring your friends, family, and your neighbors, etc. WOW that's easy money! *

There is no limit to the amount you can earn! Refer as many times as you want.

You or your referral can call, fax, or email their contact information to us and we'll take it from there!

Our rewards program runs until the \$2,500 is gone or until the end of the year (12/31/2013), whichever comes first! Watch for future newsletters for the future balance.

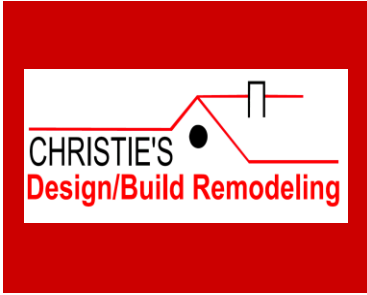
Rest assured, at **CHRISTIE'S DESIGN/BUILD REMODELING** we'll treat your family, friends, neighbors, and co-workers with the care and professionalism you've come to trust.

Call: (303) 833-4715

Fax: (303) 325-7344

Email: Office@ChristiesCompleteServices.com

****We must receive the referral information in our office or we won't know to give you credit for the referral. To receive the \$200.00, the contract minimum is \$5,000.00. A contract must be signed and deposit received by Christie's before the referral compensation will be issued. There is no limit to the number of times you can receive compensation.**



CHRISTIE'S REMODELING

Money Saving Coupon

\$\$\$\$\$\$\$\$Take Advantage of Our \$\$\$\$\$\$\$\$
OUR END OF SUMMER SPECIAL
Get ready for winter and keep the
cold air out of your warm house!

With this coupon, if you purchase 2 windows through Christie's, get the 3rd one for **FREE** at an equal or lesser value

ACT FAST!!
303-833-4715

CONTRACT MUST BE SIGNED BY
August 31, 2013

Your project must be a complete patio finish. This coupon must be presented at

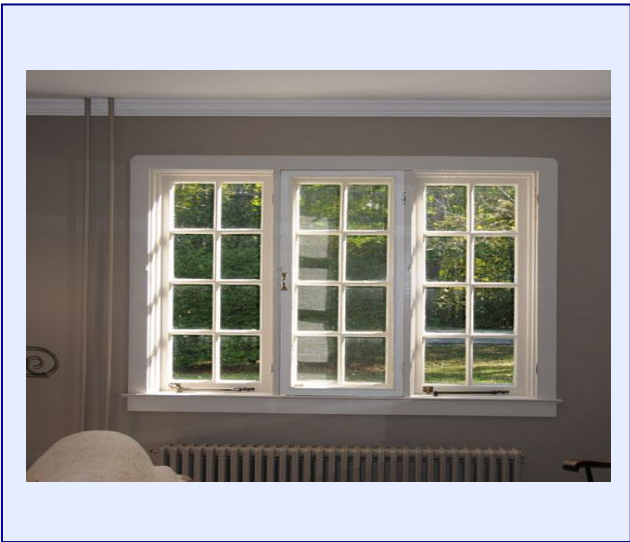
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Dacono, CO 80514

(303) 833-4715
(303) 325-7344 fax

Office@Christies
CompleteServices.com

www.ChristiesComplete
Services.com

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8	2	3	5	4	1	9	6	7
5	7	6	8	9	3	1	4	2
9	1	4	2	7	6	8	3	5



Mumbo Jumbo
Answers

- trumpet
- guitar
- piano
- clarinet
- drums

Final Message:

Basement Finishing ~ Bath Remodeling ~
Kitchen Remodeling ~ Additions ~ Whole House
Remodeling ~ Siding ~ Windows ~ Outdoor
Kitchens ~ Decks ~Energy Efficient Makeovers
~ Tenant Finishing ~ Handicap Accessibility
Remodeling ~ Certified Aging in Place Specialist
(CAPS) Remodeling ~ Home Offices